

SPEAKERS



Del Bigtree

Sunday 3:00-4:00 PM, Starlight Ballroom

A Colossal Blunder (Closing Ceremony)

We end the conference with all of us coming together to hear closing remarks by Sally Fallon Morell and a special presentation by Del Bigtree “A Colossal Blunder.”

Del Bigtree is one of the preeminent voices of the vaccine risk awareness movement. His career as an Emmy-winning producer of the CBS talk show *The Doctors* changed profoundly when he produced the documentary *Vaxxed*, which is credited with igniting a revolution against pharmaceutical tyranny around the world. Now, Del’s Internet talk show, *The HighWire*, is the fastest growing program in the natural health arena with over 40 million views. His nonprofit

ICAN (the Informed Consent Action Network at ICANdecide.org) is leading worldwide investigations into drug and vaccine fraud that have already resulted in multiple winning lawsuits against U.S. government agencies such as Health and Human Services, the National Institutes of Health, FDA and CDC. But Del is probably best known for his powerful speeches that weave shocking truth, searing wit and dynamic passion into an experience that is often described as electrifying.



David Brownstein, MD

Friday 10:45 AM-12:00, Starlight I

A Novel Approach to Covid-19 Using Nutritional and Oxidative Therapies

This lecture will review the Brownstein protocol. Dr. Brownstein has used the same natural approach to treat viral/bacterial illnesses for over 25 years. During this time period, his (and his partners’) patients have not been hospitalized or died at anywhere near reported rates. The therapies used include high-dose oral vitamins A, C, D and iodine along with nebulized dilute hydrogen peroxide and iodine. Finally, IV dosing of vitamin C and hydrogen peroxide along with injections of ozone have been employed. To date, Dr. Brownstein and colleagues have treated over 520 Covid patients. They have 10 hospitalizations and no deaths recorded.

Friday 7:30–9:30 PM, Starlight II

Ask the Practitioner Panel

We are excited to offer a panel of highly qualified practitioners. The panel includes Brandon LaGreca, LAc, MAcOM; Louisa Williams, MS, DC, ND; Anke Zimmermann, BSc, FCAH; David Brownstein, MD; and Larry Palevsky, MD with moderator Sally Fallon Morell. Each practitioner will briefly describe his/her treatment philosophy. Next, the moderator will read questions from the audience regarding treatments for various illnesses as well as how food is incorporated into treatments. Questions should be of a general nature; this is not a place for individual medical advice or your personal medical history. Paper will be provided for questions.

Dr. David Brownstein is a board-certified, family physician. He is one of the foremost practitioners of holistic medicine and is the medical director of the Center for Holistic Medicine in West Bloomfield, Michigan.

Dr. Brownstein has lectured internationally to physicians and others about his success in using natural hormones and nutritional therapies in his practice. He is a graduate of the University of Michigan and Wayne State University School

of Medicine. Dr. Brownstein is a member of the American Academy of Family Physicians and the International College of Integrative Medicine where he is a board member.

Dr. Brownstein is proud to be a Michigan Wolverine and a lifelong U of M football enthusiast. He is the father of two beautiful physicians (!) Hailey and Jessica, and has been happily married to his wife, Allison, for over 30 years. drbrownstein.com

SPEAKERS



Steve Campbell

Monday 7:30 AM–6:00 PM, Farm Tour

14th Annual GUIDED FARM VISIT

We get out of the hotel and our classroom is the bus and the farms we visit. We have two guides this year who will alternate busses along the way. Will Winter, educating and entertaining us for the 13th year on this tour, and joining us this year is Steve Campbell. We will visit three farms: Circle N Dairy in Gainesville, Prairie Farmstead in Sherman, and Narrow Way Farm in Ivanhoe (see page 25 for details). When evaluating a farm, it is important to know what to look for, what to ask and what really matters. This professionally guided farm visit enables informed eaters and food activists to learn these things. We all enjoy the opportunity to have rich connections as well as the chance to learn from and appreciate

more the successful farm-ers and others who devote their lives to producing nutrient-dense food.

Steve Campbell has been around cattle in one capacity or another since age 12. His epiphany moment came in 1999 while recovering from a ranching injury. The resulting refocusing of his energies into learning about soil, plant, animal and human health since that time has led him to some very old books, like-minded thinkers and mentors, on-farm experiments with soil fertility and numerous speakers, farm visits and conferences. From the Weston A. Price philosophy for human health to Carey Reams and Maynard Murray for soils to Jerry Brunetti, Dr. Richard Olree, Gearld Fry, Will Winter and the teachings of numerous authors of yesteryear, Steve has been learning from these wise men (and women) to change not only his personal

eating habits but to extrapolate those principles of nature into his own farmland and animals and to help others make similar improvements on their farms and with their family's health.

Steve has spoken at: The MOSES conference, Northern Plains Sustainable Agriculture Society, Red Devon USA, North American Devon Association, the American Herbataurus Society conference and the 2014 Utah/Arizona grazing conference; in 2013, he was the keynote speaker at the GrassWorks Grazing conference. Along with numerous farm consulting invitations across the country, Steve has done presentations in conjunction with Gearld Fry. tailormadecattle.com



Natasha Campbell-McBride, MD, PhD

Friday 9:00 AM-12:00, Sunset

Gut and Physiology Syndrome

All diseases begin in the gut! This is a statement made by the father of medicine, Hippocrates. The more we learn using our modern scientific tools, the more we realize just how correct Hippocrates was. Dr. Campbell-McBride will be talking about GAP Syndrome or GAPS, which stands for Gut and Physiology Syndrome. Autoimmune problems, allergies, asthma, eczema, multiple sclerosis (MS), chronic fatigue syndrome, myalgic encephalomyelitis (ME), fibromyalgia, arthritis, type 1 diabetes, chronic cystitis, chronic skin problems and many other physical conditions will be discussed. All of these problems are becoming more common in children and adults. Campbell-McBride will explain what GAPS is and how to treat it with a sound

nutritional protocol based on common sense and dietary traditions used by people for millennia all over the world.

LIVE FEED FROM THE U.K.

Saturday 10:45 AM-12:00, Sunset

Vegetarianism Explained

Vegetarianism and veganism have become more popular, and people believe that a plant-based lifestyle can make one healthy, young and even enlightened. Changing your diet is a serious decision and will have a profound effect on your health. Before making such a decision, it is essential to be informed about how food works in your body and what may be the consequences of this change. Campbell-McBride will be talking about plant-based diets and their effect on human health.

Dr. Campbell-McBride graduated with honors as a medical doctor in 1984 from Bashkir Medical University in Russia. She gained postgraduate degrees in neurology and human nutrition at Sheffield University in the United Kingdom.

In 2004, she published *Gut and Psychology Syndrome: Natural Treatment of Autism, ADHD, Dyslexia, Depression and Schizophrenia*. The book explores the GAPS nutritional protocol, which is highly successful in treating people with learning disabilities and other mental problems. In 2017, she released her book *Vegetarianism Explained* after working with many young

people who had chosen a plant-based diet and as a result became very ill. The book was the result of intense study into the value of plant foods versus animal foods.

A new book, *Gut and Physiology Syndrome*, is scheduled to come out this year. This book focuses on chronic physical health problems, from allergies, eczema and asthma to autoimmune illness, chronic fatigue and fibromyalgia.

Dr. Campbell-McBride is a popular keynote speaker at many professional conferences and seminars worldwide.

SPEAKERS



John Carter

Sunday 1:30-2:45 PM, Moonlight

Xingu

In 1996, my wife and I moved to the southern Brazilian Amazon to live on a 21,500-acre cattle ranch on the Mato Grosso frontier. Located 18 hours from the nearest hospital by truck on horrific roads and trails, we lived off the grid with power provided by a diesel engine-driven generator for four hours a day and water from a spring pumped uphill by a water wheel to our headquarters. We raised our own beef and chicken and maintained a massive garden to feed the 15 people who lived there year-round. Most rewarding of all was learning about the medicinal plants the surrounding forest provided in abundance. The local cowboys and pioneers

knew a lot, but it was not until we met the incredible Indians in the Xingu region that we really understood the brilliance of their diet and natural pharmacy.

John Carter's first-hand experience of living in the Amazon frontier gave him the vision for a new conversation model focused on the goodwill inherent in people to take care of their land. This dream culminated in Alianca da Terra, a Brazilian land stewardship company that manages over 13,000,000 acres of farm data on its Producing Right Platform, which serves as a sustainability sourcing tool for supply chain partners.

Alianca da Terra also supports an elite firefighting unit which

provides wildland firefighting services for private property owners, indigenous tribes and public land managers who need assistance in controlling the wildfires that ravage the landscape yearly.

John graduated from the University of Texas, served in the 101st Airborne Division in Desert Storm and completed Texas Christian University's Ranch Management Program. He and his wife manage their ranch in Mato Grosso.



Griffin Cole, DDS, NMD

Saturday 1:30-2:45 PM, Starlight I

The Dangers of Traditional (Mainstream) Dentistry: Mouthful of Evidence

This entertaining presentation will show how biologic dentistry differs from traditional (mainstream) dentistry. Dr. Cole will discuss how the mouth provides a lot of evidence regarding one's overall systemic health. He will focus on diagnoses and treatment modalities aimed at helping the body heal, rather than traditional symptom alleviation. Attendees will learn how mainstream dentistry is not only a disease-based model, but one that is often harmful.

Dr. Griffin Cole received his DDS from the University of Texas Health Science Center in San Antonio in 1993 and has been practicing biological dentistry since that time in Austin. He became ozone-certified in 2006 and received both his board certification in Naturopathic Medicine and his degree in Integrative Biological Dental Medicine in 2010 from the School of Integrative Biological Dental Medicine (ACIMD).

Dr. Cole received his Mastership in the International Academy of Oral Medicine and Toxicology (IAOMT) in 2013 and drafted the Academy's fluoridation brochure and the official scientific review on ozone use in root canal therapy. He is a past president of IAOMT and serves on the board of directors, the mentor,

fluoride and meetings committees and is the Fundamentals Course director.

He has been featured on numerous radio and television programs, including *World News Tonight* with Diane Sawyer. He has published in four national peer-reviewed publications on his restorative and cosmetic dentistry and in 2013 became the first dentist to be published in a peer-reviewed journal for his case study treatment of bisphosphonate-related osteonecrosis of the jaw utilizing ozone therapy for successful treatment of this disease. He lectures to health professionals on practice management and biological dentistry and is the co-founder and president of the Center for Advanced Dental Disciplines.

SPEAKERS



Monica Corrado, MA, CNC, CGP

Friday 1:30-2:45 PM, Moonlight

Now More than Ever: Broth and Stocks!

So easy. So delicious. So nutritious. And so needed now, more than ever. Why? Broths and stocks provide the building blocks and nutrients all bodies need to be well. From our time *in utero* to old age, collagen and amino acids are critical to the building and maintenance of a healthy body, inside and out. Broths and stocks help heal leaky gut and its symptoms: from food allergies to brain function disorders and autoimmune diseases. They are critical for gut health, flexible arteries, healthy corneas, strong bones and radiant skin, hair and nails. They also provide electrolytic minerals that may be protective against EMFs. Join WAPF honorary

board member and GAPS chef, Monica Corrado, for this informative and fun session! simplybeingwell.com

Monica Corrado is a teaching chef, certified nutrition consultant and certified GAPS practitioner who is passionate about illuminating the connection between food and well-being. She has been a member of the WAPF honorary board for many years and is a dynamic teacher, speaker, consultant and author.

Monica has been teaching food as medicine for over 14 years after 18 years in sustainable food sourcing and preparation, menu design and management. She has focused on the gut-brain connection for the past 12 years and is an authority on cooking

techniques for the GAPS (Gut and Psychology Syndrome) nutritional protocol. Monica has taught traditional cooking around the country and the world, including at the Maryland University of Integrated Health.

Monica's latest book is *The Complete Cooking Techniques for the GAPS Diet*. She has tremendous results in her private practice with autism spectrum, ADD, ADHD, failure to thrive, fertility and autoimmune disorders. For more information: simplybeingwell.com



Marcelina Cravat

Friday, 7:30-9:30 PM, Moonlight

Film: Terrain

After showing the first of this two-part film, we will host a Q&A with the producers, Marcelina Cravat and Dr. Andrew Kaufman. *Terrain*, a two-part film divided by an intermission, explores the facts and history of germ theory as it applies to today's unprecedented global Covid-19 psychological operation. Dr. Andrew Kaufman guides us through a process of discovery, one that is conceptually quite simple—an entire paradigm based on a foundation of fiction. Conversely, this film acknowledges and dissects the vastly complex landscape we are currently experiencing.

Terrain helps build public understanding to inspire and motivate viewers to choose mindfully where one places their consent. Through this process we discover that the solutions are indeed

encouraging should we choose to manifest them.

Marcelina (Marcy) Cravat is a Passelände Pictures LLC documentary filmmaker with two completed award-winning films, *Angel Azul* and *Dirt Rich*. She is currently in production on her third film, *Terrain*. Marcy received her training at the Art Center College of Design after graduating from the University of California in San Diego, and later she attended the Berkeley

Digital Film Institute for film training. For years, she was an editorial photographer, transitioning into film later in life after her kids were grown. Marcy is passionate about the subject matter of her films, which motivates deep exploration, growth and an ever-expanding understanding about human consciousness.

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\$10 off during the conference

SPEAKERS



James DeMeo, PhD

Sunday 9:00-10:15 AM, Sunset

Cosmic Ether in Space and Cosmic Life Energy on Earth

Two major scientific discoveries were made in the first half of the 20th century but were crushed down by politically motivated opposition, the scientific proofs for them being swept aside. These are: 1) the successful light-beam interferometer experiments of Dayton Miller and other top scientists of the early 1900s, documenting the existence of a real and tangible Cosmic Ether in space; and 2) a similar Cosmic Life-Energy, documented by Wilhelm Reich from 1930 to 1956, who demonstrated its existence in living creatures, in the planetary soils, minerals and water, in the atmosphere and also within high vacuum. Both concepts are ignored or denigrated by conventional science and media. Progress in physics, astronomy, biology and medicine has hence been steered into a dead end—a cul-de-sac characterized by totally wrong and sterile concepts, notably the idea of “empty space” and a dead universe. These older discoveries have been the subject of James DeMeo’s experimental investigations and research since the early 1970s. In his talk, he will present in summary the older findings and newer experimental verifications of them. His two books, *The Orgone Accumulator Handbook* and *The Dynamic Ether of Cosmic Space*, elaborate on this same evidence in greater detail.

James DeMeo earned his PhD in the field of Geography, with a specialization in Earth and Atmospheric Science. He is author or editor of nine books and around 100 published research papers in science journals and popular media on environmental-atmospheric issues, biophysical experiments, science history,

cross-cultural studies and health-related subjects. A former university professor, he is today retired doing private research and writing. His scientific works can be reviewed on the ResearchGate.net website: [researchgate.net/profile/James_DeMeo](https://www.researchgate.net/profile/James_DeMeo)



Janine Farzin

Friday 3:30-4:45 PM, Moonlight

How to Meet Individualized Nutrient Needs with Organ Meats

Janine Farzin will explain how incorporating organ meats into your diet can help you thrive. By recognizing that vitamin and mineral status depend on unique environmental and genetic factors, we can consider bioindividuality in choosing which organs to add to our diet. She will review common excess and deficiency symptoms of select vitamins and minerals and match needs with the most accessible organs. Additionally, she will provide tips for cleaning and trimming these organs along with practical recipes.

Janine Farzin has engineering degrees from UC Berkeley and the Massachusetts Institute of Technology (MIT). She is a Fulbright Fellow. She considers nutrient density to be a fun and practical optimization proposition, for which she explores how she can maximize nutrient inputs for herself and her family

using the fewest calories. As organ meats are some of the most nutrient-dense foods on the planet, she finds creative ways to incorporate them into her family’s diet to maximize nutrients in a single meal. She is a Weston A. Price Foundation co-chapter leader and can be found at [offallygoodcooking.com](https://www.offallygoodcooking.com).

Practice Safe Cell Phone Use

Please keep your cell phone on airplane mode while attending the conference, or leave it in your room.

SPEAKERS



Sally Fallon Morell, MA

Saturday 9:00 AM-5:15 PM, Moonlight

Nourishing Traditional Diets

Animal fats, organ meats, properly prepared whole grains, fermented foods and nourishing bone broths kept our ancestors healthy. Sally Fallon Morell, author of *Nourishing Traditions*, explains why these are vital factors for maintaining good health today. Beginning with a presentation showing Dr. Weston Price's unforgettable photographs of healthy traditional peoples, Fallon Morell explains the underlying factors in a variety of traditional diets, which conferred beauty, strength and freedom from disease on so-called primitive populations.

Then she presents a step-by-step plan to put nourishing traditional foods—foods that your family will actually eat—back into your diet, including easy breakfast cereals, soups, sauces, snack foods, fermented condiments and soft drinks that are actually good for you.

Sunday 9:00-10:15 AM, Starlight I

The Contagion Myth

All disease is the result of three causes: malnutrition, toxins and injury. Microbes (bacteria, fungi, “viruses”) are often present in disease, but they are not the cause. This workshop will include discussion of malaria, the Black Death, scurvy and pellagra (once considered contagious), leprosy, rabies, childhood illnesses, anthrax, tuberculosis, smallpox, polio, Spanish flu and Covid-19.

Sunday 10:45 AM-12:00, Starlight II

Bringing Up Baby

The foods that baby eats during his first two years will largely determine his health throughout the rest of his life. Nutrient-density is key for giving baby a good start—that means liver and egg yolks, not applesauce and rice cereal. This talk will give practical advice and also provide concerns about exclusive breastfeeding and baby-led weaning.

Sally Fallon Morell is founding president of the Weston A. Price Foundation and founder of A Campaign for Real Milk. Fallon Morell lectures extensively around the world on issues of health and nutrition. She is a prolific writer of numerous articles and books and serves as editor of *Wise Traditions*, the quarterly journal of the Weston A. Price Foundation. In 1996, Fallon Morell published the best-selling *Nourishing Traditions* (with Mary G. Enig, PhD), the cookbook that

launched her career in alternative health. She is also president and owner of NewTrends Publishing, serving as editor and publisher of many fine books on diet and health, including other books in the *Nourishing Traditions* series. Her most recent titles are *The Nourishing Traditions Book of Baby & Child Care* (with Thomas S. Cowan, MD) and *The Nourishing Traditions Cookbook for Children* (with Suzanne Gross). Nourishingtraditions.com

Please share photos and updates on social media using the hashtags:
#wisetraditions2021 #wisetraditions #wapf #westonaprice
#justeatrealfood #ancestraldiet #health #healthy#nourish

SPEAKERS



Babs Hogan, MEd

Sunday 10:45 AM-12:00, Sunset

Say Cheese! Unwrapping the Truth About Cheese

Is cheese a health food? If so, why? Today's societies rely on ruminant animal agriculture and yet we continue to debate the value of real cheese. Since cheese is one of our first foods and has endured the test of time (centuries), why do so many people continue to avoid it? Dr. Peter Ballerstedt says, "Modern human beings exist because of ruminants." This points to the critical need to avoid fake, processed, industrialized food. The science of cheese is very complex, considering the various factors involved: quality of food consumed by animals, health of animals, climate, geography, safety measures in production and delivery and many more. In this presentation, Babs shares recent research findings about the potential health benefits of cheese, covering topics such as microbes, vitamins, minerals, vitamin K₂, fats, raw versus pasteurized, lactose intolerance, cheese allergies and nutritional differences in goat, cow and sheep cheese. In an interview with world-famous cheesemaker Mateo Kehler of Jasper Hill Farm in Vermont, his first words were "Cheese is alive." After listening to this presentation, you'll know why.

Babs Hogan is a health coach and author of *Strong Choices, Strong Families: A Parent's Guide to Preventing Childhood Obesity*. In the first 23 years of her career working as a personal trainer and educator, she promoted the low-fat/high-carb approach. She's now on a mission to promote real, nutrient-dense food that doesn't come in a fancy box or plastic wrap.

Babs is a certified exercise physiologist through the American College of Sports Medicine, has two degrees in health and kinesiology and is a certified behavior change specialist through the American Council on Exercise. She has also taught kinesiology and nutrition courses at several colleges in Texas as an adjunct faculty member.



Mary Holland

Saturday 9:00-10:15 AM, Starlight II

Where Are We Headed and What Can We Do About It?

Since March 2019, and in fact long before, our country, and indeed the world, have been headed in the wrong direction: toward coerced medicine; erosion of civil rights and liberties; and tyranny. People in the Weston A. Price community know this too well—even the annual gathering last year was canceled due to these restrictions. Children's Health Defense is devoted to stopping this trend and ensuring medical freedom, civil rights and liberties, and democracy so that we may pass these blessings on to the children. Only these attributes will truly protect physical and mental health. Holland will describe briefly the contours of what has happened since 2019, the legal foundations laid for it since 2000, and what the Children's Health Defense international team is doing to turn things around.

Mary Holland is president and general counsel of Children's Health Defense (CHD). She has been involved in health freedom movements for over two decades. She is the author of several legal articles on the topic and co-author of two books, *Vaccine Epidemic* and *The HPV Vaccine on Trial: Seeking Justice for*

a Generation Betrayed. Before joining CHD, Holland taught for almost two decades at Columbia University and NYU law schools and worked in the nonprofit and private sectors. She has spoken to audiences in Congress, the United Nations and many state legislatures on health freedom issues.

SPEAKERS



Diana Jabour, BBEC, EMRS, BBNC

Sunday 1:30-2:45 PM, Starlight II

Detox Your Space! Water, Air, Light and EMF Solutions A Building Biologist's Guide for a Healthy Home

Building biology is the science of healthy buildings. Building biologists study your space, (home, school and office) and how it affects your health. Come learn about the four pillars of building biology—indoor air quality, water quality, lighting quality and EMFs—and what you can do to enhance your space for ultimate health. Learn to navigate our common toxic exposures, which come from a myriad of sources including tap water, indoor CFL or LED lighting and everyday products that we bring into our homes that contain and off-gas harmful chemicals. Become educated and empowered as you learn tips and tricks to lessen your chemical body burden through enhanced air, water and lighting quality. You will also learn about the four different types of EMFs in your space—magnetic fields, electric fields, dirty electricity and wireless radiation RF—and how you can lower your exposures today!

Diana Jabour's passion is limiting toxins on, in and around our families. She uses science and common sense to bring solutions to people who are looking to avoid chemical and toxin exposures, including EMFs. Diana is one of the few triple-certified building biologists in the United States and resides in Austin, Texas with her husband and two children.

She is a graduate of the University of Texas. Her professional certifications are from the International Institute of Building Biology located in Santa Fe, New Mexico and include certified building biology environmental consultant, electromagnetic radiation specialist and building biology new-build consultant.



Andrew Kaufman, MD

Friday, 7:30-9:30 PM, Moonlight

Film: Terrain

After showing the first of this two-part film, we will host a Q&A with the producers, Marcelina Cravat and Dr. Andrew Kaufman. *Terrain*, a two-part film divided by an intermission, explores the facts and history of germ theory as it applies to today's unprecedented global Covid-19 psychological operation. Dr. Andrew Kaufman guides us through a process of discovery, one that is conceptually quite simple—an entire paradigm based on a foundation of fiction. Conversely, this film acknowledges and dissects the vastly complex landscape we are currently experiencing. *Terrain* helps build public understanding to inspire and motivate viewers to choose mindfully

where one places their consent. Through this process we discover that the solutions are indeed encouraging should we choose to manifest them.

Sunday 10:45-12:00, Starlight I

Pathogenic Priming, Genome Sequencing & the New Genetic Vaccines

Dr. Kaufman will explain how the in-silico genome of the alleged SARS-CoV-2 “virus” is constructed and how this is leading to a new era of vaccine development. Recent experiments on pathogenic priming and societal implications will be discussed.

Dr. Kaufman has a BS from MIT in Molecular Biology and completed his psychiatric training at Duke University Medical Center after graduating from the Medical University of South Carolina. He spent many years in the medical field and practiced as a forensic psychiatrist and expert witness. When he learned that many of the modern medical practices were harming people and not helping them, he gave up his lucrative medical career and began researching and understanding the relationship between

body, mind and spirit, and how to use Nature to heal your own body.

Dr. Kaufman's new practice is spreading truth about the world we live in today and fighting for freedom. He teaches people the vital knowledge that they need to implement true care for themselves and their families at the highest level of consciousness. He now teaches people how to become their own health authority.

SPEAKERS



Robert F. Kennedy, Jr., JD

Saturday Banquet, Starlight Ballroom

Keynote: Public Health and Doctor Fauci

Robert F. Kennedy, Jr., is chairman of Children’s Health Defense whose mission is to end the epidemic of children’s chronic health conditions by working aggressively to eliminate harmful

exposures, hold those responsible accountable and establish safeguards so this never happens again. More than 54% of American children are suffering from one or more chronic

illnesses. Mounting evidence points to environmental toxins such as heavy metals, pesticides and herbicides as culprits, while studies link vaccines and toxic vaccine ingredients to a wide range of adverse health outcomes, including seizures, neurodevelopmental disorders and infant death. Mr. Kennedy believes that allowing environmental exposures to harm children’s health and lives is unacceptable. He is working to change that



Chris Knobbe, MD

Saturday 3:15-4:30 PM, Starlight II

Seed Oil Apocalypse: Are “Vegetable Oils” the Unifying Mechanism for Westernized Diseases?

A large and growing body of medical evidence concludes that heart disease, hypertension, stroke, cancers, type 2 diabetes, metabolic syndrome, obesity, age-related macular degeneration (AMD) and other chronic diseases have risen from the status of medical rarity to the most common causes of morbidity and mortality. Whereas the top three causes of death in the year 1900 were all infectious, by the year 2000, seven of the top ten causes of death were secondary to chronic disease. During the same time frame, we’ve witnessed

industrially produced seed oils elevate to occupy a third or more of human consumption. Such oils rarely existed prior to 1865, making them the single greatest change to nutrition in history. Omega-6-rich seed oils, consumed to excess, may be the common precipitating factor of Westernized disease through numerous mechanisms, including prooxidative, proinflammatory and toxic pathways, and inducement of nutrient deficiency. Furthermore, the cytotoxic, genotoxic, mutagenic, carcinogenic, atherogenic, thrombogenic and obesogenic effects are now well known. Could excessive seed oil consumption be the primary reason that Westernized diseases are related epidemiologically and historically, as well as at the physiologic, microscopic and molecular levels, by mitochondrial dysfunction? The evidence is vast and compelling.

Chris A. Knobbe is a physician, researcher, ophthalmologist, author and Associate Clinical Professor Emeritus, formerly of the University of Texas Southwestern Medical Center, Dallas, Texas, Department of Ophthalmology. Knobbe has been certified by the American Board of Ophthalmology since 1997. Dr. Knobbe, a Weston A. Price acolyte since 2013, is known primarily for his hypothesis and research connecting Westernized diets to the potentially blinding eye disease, age-related macular degeneration (AMD), which currently affects 196 million people worldwide. Knobbe and colleagues have a published paper regarding his revolutionary hypothesis and

supportive research regarding macular degeneration, and he is the author of the book, *Ancestral Dietary Strategy to Prevent and Treat Macular Degeneration*. In recent years, Knobbe has also become deeply invested in researching the devastating effects of seed oils (vegetable oils) and their unequalled contributions to Westernized disease, including heart disease, hypertension, stroke, cancers, type 2 diabetes, metabolic syndrome, obesity and other chronic diseases. He is a frequent speaker to both medical and lay audiences, and is founder and president of Cure AMD Foundation, where he is also available via the nonprofit’s official website, CureAMD.org.

SPEAKERS



Brandon LaGreca, LAc, MAcOM

Friday 7:30–9:30 PM, Starlight II

Ask the Practitioner Panel

We are excited to offer a panel of highly qualified practitioners. The panel includes Brandon LaGreca, LAc, MAcOM; Louisa Williams, MS, DC, ND; Anke Zimmermann, BSc, FCAH; David Brownstein, MD; and Larry Palevsky, MD with moderator Sally Fallon Morell. Each practitioner will briefly describe his/her treatment philosophy. Next, the moderator will read questions from the audience regarding treatments for various illnesses as well as how food is incorporated into treatments. Questions should be of a general nature; this is not a place for individual medical advice or your personal medical history. Paper will be provided for questions.

Sunday 10:45-12:00, Moonlight

Chronic Illness: Building Your Holistic Treatment Plan

Are you struggling to find a successful treatment after being diagnosed with cancer, an autoimmune disease, a gastrointestinal disorder or another chronic condition? Has conventional medical testing failed to reveal the underlying cause of your symptoms? Discover the hidden pieces of the chronic disease puzzle and create a personalized healing plan with step-by-step instruction from clinician, author and cancer survivor Brandon LaGreca. See things from the viewpoint of an integrative medical practitioner to understand how the approach to diagnosis differs from that of conventional medicine. Learn about resources you can use to find the right practitioner as well as key interviewing skills that can help you get the most out of the therapeutic relationship. Brandon will also examine healing diets for specific conditions with a focus on individualizing food choices to optimize personal health. With a strong background in environmental medicine born out of his research on the causes of cancer, Brandon will share low-cost solutions to mitigate environmental stressors such as air pollution, impure drinking water and non-native electromagnetic fields.

Brandon LaGreca is a licensed acupuncturist in the state of Wisconsin and nationally certified in the practice of Oriental medicine. In 2015, Brandon was diagnosed with stage 4 non-Hodgkin's lymphoma. He achieved full remission eight months later by following an integrative medicine protocol that included immunotherapy without the use of chemotherapy, radiation or surgery. Brandon is a thought leader in the synthesis of

traditional and functional medicine, having written numerous articles on the subject. He is also the author of *Cancer and EMF Radiation: How to Protect Yourself from the Silent Carcinogen of Electropollution* and *Cancer, Stress & Mindset: Focusing the Mind to Empower Healing and Resilience*. He shares his thoughts at EmpoweredPatientBlog.com.



Leslie Manookian

Friday 7:30-9:30 PM, Starlight I

The Plan to Destroy our Health Freedom and What We Can Do About It

In January of 2020, Americans and citizens of “the free world” would have never dared to demand another citizen's private medical information, but in just 18 months, many Westerners are frighteningly comfortable demanding “papers please,” and some go so far as to boast about their medical status online and in public. In some American and European cities, in order to enter a restaurant, café, retail business or other establishment, one must produce vaccine papers. These moves are either demanded or recommended by supposedly democratic governments. So, how did we get here and what can we do about it?

Leslie Manookian is president and founder of Health Freedom Defense Fund, a nonprofit that seeks to rectify health injustice through education, advocacy and legal challenges to unjust mandates, laws and policies that undermine our health freedoms and human rights. She speaks, writes and advocates on topics of health, freedom, nutrition, personal development, politics and more. She is a former successful Wall Street business executive, an award-winning documentary filmmaker and qualified

homeopath. She conceived, wrote and produced *The Greater Good*, an award-winning documentary exploring vaccines. She serves on the boards of the Weston A. Price Foundation and Health Freedom Idaho. She has been featured in dozens of TV, radio, print and Internet interviews as well as appearing at numerous conferences. She holds an MBA from the University of Chicago, a BA from Middlebury College and M.L.C.Hom from Lakeland College of Homeopathy.

SPEAKERS



David Martin, PhD

Friday 9:00-10:15 AM, Starlight I

Weaponization of Coronavirus: When Nature Is Conscripted to Harm

David's secret of success globally is "The Wobble Effect." The problem we see superficially is not the problem. He shows us how to identify the real issues and access our innate wisdom. We change from the inside out, to do everything differently, look at everything differently and bring humanity back into work so we can fully live.

David Martin, businessman, professor, author, storyteller, inventor, global foresight advisor, father, friend and creator of the M·CAM CNBC IQ100 index, specializes in putting humanity back into humans—and

business. Creating real transformation from the inside out, he shows and teaches people how to be the difference that makes the difference.



Chris Masterjohn, PhD

Sunday 1:30-2:45 PM, Starlight I

Balancing the Fat-Soluble Vitamins

This talk covers the latest advances in our understanding of how the fat-soluble vitamins should be balanced. While Chris has spoken many times in the past about the cooperation between vitamins A, D, and K₂, newer research has made it clear that any of the four fat-soluble vitamins—A, D, E, and K—can lead to the degradation of the others when provided out of balance. This calls for greater attention to vitamin E, vitamin K₁ and the different effects of the various forms of vitamin K₂. It is important to understand that there is no one single ratio that can be applied to everyone. Genetic predispositions and health circumstances can

often increase the need for one of the nutrients without necessarily requiring the others in a constant ratio. This talk will cover the ways these nutrients cooperate with one another as well as addressing how megadosing one without the rest can cause imbalances. Chris will make practical suggestions about how to balance them in different situations.

Chris Masterjohn earned his PhD in nutritional sciences from the University of Connecticut in 2012. For two years, he served as a postdoctoral research associate in the comparative biosciences department of the College of Veterinary Medicine at the University of Illinois at Urbana-Champaign. He served for two years as assistant professor of health and nutrition sciences at Brooklyn College (part of City University of New York).

In 2016, he made the decision to leave academia and pursue entrepreneurship. He conducts independent research, consults, works on information products, collaborates on information and technology products and produces tons of free content to

help people gain better health. Chris has deep and personal experiences with the power of food, movement and mindfulness to support health and well-being and wants to take what he's learned and pay it forward. Chris also notes that he's not done learning and derives lessons from his challenges, failures and successes while constantly scouring the scientific literature—whether uncovering long-forgotten and neglected evidence from yesteryear or following and deciphering the latest findings. Chris tries to grapple with complex science and translate it into practical principles that each of us can use to better support our health. Join Chris in the pursuit of truth, learning and wonder!

SPEAKERS



Kendall Nelson

Friday 1:30-2:45 PM, Starlight I

Vaccine Freedom, Legislative Updates and How to Talk About Vaccines

Kendall Nelson, director/producer of *The Greater Good*, a documentary about the vaccine controversy, speaks about her commitment to protect the basic human right to informed consent. Nelson explains how and why public health officials, politicians and pharmaceutical companies continue to push an ever-increasing, unscientific vaccine agenda despite scientific evidence of harm. She takes a journalistic approach to reveal unpleasant truths about vaccine myths and conflicts of interest, while calling for an end to censorship, corruption and mandated vaccination. Nelson provides updates on vaccine legislation, especially in light of the recent coronavirus and adult vaccine mandates. Nelson concludes with tips on how to talk with others about vaccines and gives practical advice on how you can help end the outdated, dangerous vaccine paradigm. Ultimately, as our civil liberties become ever more at risk, Nelson sends out a battle call. For the sake of our children and future generations, it is time to take action.

Kendall Nelson works as a vaccine consultant, activist and writer for the Weston A. Price Foundation. She is also a documentary filmmaker engaged in directing, producing and distributing media that matters. With over 20 years of television and film experience, Nelson's lifelong commitment is to bring about awareness through her work. Over 15 million people have

viewed her award-winning documentary *The Greater Good* that explores the controversy of vaccinations. Nelson is an advocate for the causes she cares most about including health freedom, simple living and real food. She is also an Idaho chapter board member of the International Women's Forum.



Greg Nigh, ND, LAc

Sunday 1:30-2:45 PM, Sunset

The Devil in the Garlic: Sulfate, Toxins and the Low Sulfur Diet

Sulfur is the third most abundant mineral in the body, and it plays a wide range of functions that are essential for life. Dietary sulfur comes in many forms, some of which are put directly to use and others that must be transformed into essential compounds such as sulfate. If the canonical pathway of sulfate production from dietary sulfur is not working efficiently, alternative pathways must be activated. These alternatives can cause diverse symptoms due to their intermediates, but they maintain the sulfate supply and thus sustain life. In this talk, Dr. Nigh will review the biological roles of sulfate, the clinical manifestations of impaired sulfur metabolism and the rationale for the low sulfur dietary protocol. Nutrition therapist Maria Zilka will then give a brief overview of the dietary protocol she has developed, which has been implemented with hundreds of their patients over the past decade, helping many who had gotten no relief with any other therapeutic diet.

Greg Nigh is a naturopathic physician and licensed acupuncturist practicing at Immersion Health in Portland, Oregon. He is a 2001 graduate of the National University of Natural Medicine with a dual degree as a doctor of naturopathic

medicine and a Master of Science in Oriental Medicine. He is a prolific writer and has spoken around the world on topics related to sulfur metabolism and associated problems.

Participate in our photo contest.

See details on page 36.

SPEAKERS



Larry Palevsky, MD

Friday 7:30–9:30 PM, Starlight II

Ask the Practitioner Panel

We are excited to offer a panel of highly qualified practitioners. The panel includes Brandon LaGreca, LAc, MAcOM; Louisa Williams, MS, DC, ND; Anke Zimmermann, BSc, FCAH; David Brownstein, MD; and Larry Palevsky, MD with moderator Sally Fallon Morell. Each practitioner will briefly describe his/her treatment philosophy. Next, the moderator will read questions from the audience regarding treatments for various illnesses as well as how food is incorporated into treatments. Questions should be of a general nature; this is not a place for individual medical advice or your personal medical history. Paper will be provided for questions.

Saturday 3:15-4:30 PM, Starlight I

Reframing the Medical Paradigm: Critically Thinking with Dr. P

Our current medical and scientific paradigms are based on a number of commonly accepted “facts,” generally agreed upon as irrefutable truths. We hold these truths to be self-evident, and propagate them in all manner of speeches, education, teachings, textbooks and conventional medical practices. But what if we stop and analyze these irrefutable truths? And what if in our analyses, we find there are truths greater and more powerful than those we had previously thought of as irrefutable? In his talk, “Dr. P” will examine some of the “truths” within our current framework, and see what’s possible if we put on our critically thinking hats. Is there a new framework from which to launch the New Medical Paradigm? Dr. P would like to think so.

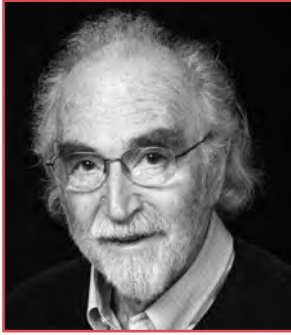
Dr. Larry Palevsky is a New York State licensed pediatrician, who utilizes a holistic approach to children’s wellness and illness. He received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at New York’s Mount Sinai Hospital in 1990 and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital from 1990-1991. Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, inpatient and outpatient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine and conventional, holistic and integrative pediatric private practice. Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine.

In his current pediatric practice, Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult-to-treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm. Additionally, he teaches holistic and integrative pediatric and adolescent medicine to parents and medical and allied health professionals, both nationally and internationally, and is available for speaking engagements worldwide.

Practice Safe Cell Phone Use

Please keep your cell phone on airplane mode while attending the conference, or leave it in your room.

SPEAKERS



Gerald Pollack, PhD

Saturday 1:30-4:30 PM, Sunset

The 4th Phase of Water

Everyone knows that water has three phases: solid, liquid and vapor. But we have recently uncovered a fourth phase. This phase occurs next to water-loving (hydrophilic) surfaces. It is surprisingly extensive, projecting out from the surface by up to millions of molecular layers. And, its properties differ markedly from those of bulk water. Of particular significance is the observation that this fourth phase is charged; and, the water just beyond is oppositely charged, creating a battery that can produce electrical current. We found that light charges this battery. Thus, water can receive and process electromagnetic energy drawn from the environment in much the same way as plants. Absorbed electromagnetic (light) energy can then be exploited for performing work, including electrical and mechanical work. Recent experiments confirm the reality of such energy conversion. This energy-conversion framework seems rich with implication. Not only does it provide an understanding of how water processes solar and other energies, but also it may provide a foundation for a simpler understanding of natural phenomena ranging from weather and green energy all the way to issues such as the origin of life, transport and osmosis. This talk will present evidence for the existence of this novel phase of water—how come nobody's seen it before?—and will consider the potentially broad implications of this phase for health. The book dealing with this subject is available at: amazon.com/The-Fourth-Phase-Water-Beyond/product-reviews/0962689548

Gerald Pollack received his PhD in biomedical engineering from the University of Pennsylvania in 1968. He then joined the University of Washington faculty and is now professor of Bioengineering. He is also Founding Editor-in-Chief of the journal, *WATER*, convener of the Annual Conference on the Physics, Chemistry and Biology of Water, and Executive Director of the Institute for Venture Science.

Pollack's interests have ranged broadly from biological motion and cell biology to the interaction of biological

surfaces with aqueous solutions. His 1990 book, *Muscles and Molecules: Uncovering the Principles of Biological Motion*, won an "Excellence Award" from the Society for Technical Communication. His 2001 book, *Cells, Gels and the Engines of Life*, and his newest book, *The Fourth Phase of Water: Beyond Solid, Liquid, and Vapor*, won that Society's "Distinguished Award," their highest distinction. The latter book went on to receive the World Summit Excellence Award.



Bob Quinn, PhD

Friday 10:45-12:00, Moonlight

Financial Viability of Organics

As a wheat farmer in the northern great plains of Montana during the 1980s, the financial viability of fully converting to organic was a big driver for Bob and his father. They were able to reduce the cost of their inputs and increase the value of the crops they were selling, which made a big difference in their bottom line—so much so that within three years they were making money for a change and no longer needed to go to the bank every spring for an operating note for the year. Bob will share with you the details of that experience as well as the current financial experience of a friend nearby whose family is currently farming a split operation of organic and non-organic.

Saturday 9:00-10:15 AM, Sunset

Research Confirms Ancient Wheat is Still the Staff of Life—Providing Essential Health Benefits

During the past 12 years, Kamut International has granted nearly two million dollars to three independent laboratories at the University of Bologna and University of Florence Research Hospital in Italy to study the differences between ancient and modern wheat in terms of their impact on human health. The results of these studies have been published in 33 peer-reviewed articles in highly regarded scientific journals. Most of these studies involved clinical trials of volunteers with chronic disease such as heart disease, diabetes, irritable bowel syndrome and fibromyalgia. These volunteers were fed diets of either modern or ancient wheat and then results of blood analysis were compared. The

Continued on next page

SPEAKERS

Continued from previous page

results, which surprised the researchers, could lead to a better understanding of why so many people have trouble eating modern wheat and illustrate the high nutrition and improved health promised by ancient wheat.

Robert “Bob” Quinn—the 2007 recipient of the Montana Organic Association Lifetime of Service Award—is a progressive leader in promoting organic and sustainable agriculture throughout Montana and the rest of the world. The Organic Trade Association awarded Bob the 2010 Organic Leadership Award for his contributions in the “Growing Organic Agriculture” category, and in 2013, he received the Rodale Institute’s Organic Pioneer Award. In 1986, Bob’s company Montana Flour

& Grains introduced the natural food industry to an ancient Egyptian wheat, called khorasan (similar to durum wheat). This grain was marketed under his own brand name, KAMUT (the ancient Egyptian word for wheat). Through the trademark, Bob has been able to preserve an ancient grain and guarantee it is not genetically modified or altered. KAMUT brand khorasan wheat is grown under strict production guidelines and is exclusively grown organically.



Beverly Rubik, PhD

Friday 9:00-12:00, Starlight II

The Perils of Fifth Generation (5G) Wireless: Health, Environment, Politics and Personal Solutions

5G involves higher frequency communication signals for new wireless technologies, and the plans are to install it worldwide. Millions of new 4G/5G antennas will be installed within our residential neighborhoods and close to schools, with 42,000 low-orbit satellites broadcasting these waves from space. All this is for a wireless worldwide web and an “Internet of Things” that will forever change Earth’s electromagnetic environment. Yet there are serious concerns about the lack of safety standards; the growing problem of electrosensitivity; wireless radiation as a causal factor in cancer; exposure of vulnerable populations; environmental impact; and lack of affordable instrumentation to monitor our exposure. In this presentation, you will learn what 5G entails, how it can impact our health and the environment, the political issues and practical ways to protect yourself. Dr. Rubik will especially focus on the scientific evidence for negative health and environmental effects. She will also demonstrate use of a low-cost meter to measure wireless radiation.

Dr. Beverly Rubik earned her PhD in biophysics at the University of California at Berkeley. She has published over 90 scientific papers and two books. Dr. Rubik founded and is president of the Institute for Frontier Science, a 501c3 nonprofit laboratory in Emeryville, California. The focus of her work is on science and medicine that goes beyond the mainstream and challenges the dominant biomedical paradigm. She serves on the editorial boards of several integrative medicine journals including the *Journal of Alternative and Complementary*

Medicine. Dr. Rubik is an adjunct faculty member at California Institute for Human Science; at Saybrook University; and at Energy Medicine University. Her research interests include the human biofield; energy medicine; developing detectors to measure components of the human biofield (together with Harry Jabs); structured water and information-imprinted materials; and health aspects of wireless communication radiation. She also conducts research on maverick health and wellness products for clients. Websites: frontiersciences.org and brubik.com

SPEAKERS



Stephanie Seneff, PhD

Saturday 10:45-12:00, Starlight II

Part I: Glyphosate, Deuterium and Covid-19

Glyphosate is the active ingredient in the pervasive herbicide Roundup. Dr. Seneff has been studying this demonic molecule for many years. A fascinating story involves the relatively rare heavy isotope of hydrogen called deuterium. Deuterium's extra neutron makes it twice as heavy as hydrogen. It is naturally present in water, but it presents a challenge because it has different properties from hydrogen. In particular, it disrupts the mitochondria's ability to make ATP, the energy currency of life. All life forms have developed an eloquent system for maintaining very low deuterium in mitochondrial water. Mitochondrial dysfunction

is associated with many different diseases, including Alzheimer's, autism, depression, autoimmune diseases and cancer. By disrupting deuterium, glyphosate causes systemic mitochondrial disease, and this leads, among many other problems, to innate immune deficiency. This in turn causes an overzealous adaptive immune response to SARS-CoV-2, leading to widespread tissue damage, severe disease and death.

Saturday 1:30-2:45 PM, Starlight II

Part II: Will the new Covid-19 injections cause an epidemic in neurodegenerative and autoimmune diseases?

The Covid-19 pandemic has been extremely disruptive of lifestyles and, in some cases, livelihoods. We have been led to believe that the new mRNA and DNA vector technology is a godsend, and that a massive vaccination campaign is the only way we can restore sanity to our lives. However, the biotech industry and government regulators have behaved recklessly in their aggressive attempts to get as many people as possible vaccinated with these poorly evaluated experimental new pharmaceutical products in record time. In this talk, Dr. Seneff will present evidence based on the peer-reviewed research literature that these injections may cause a large increase in neurodegenerative, autoimmune, oncological and cardiovascular diseases. A fascinating story emerges about the multitude of ways in which the spike protein, produced by cells under the direction of the genetic code in the injections, disrupts homeostasis and potentially causes severe long-term negative consequences.

Dr. Stephanie Seneff is a senior research scientist at MIT's Computer Science and Artificial Intelligence Laboratory in Cambridge, Massachusetts. She has a BS degree from MIT in biology and a PhD from MIT in electrical engineering and computer science. Her recent interests have focused on the role of toxic chemicals and micronutrient deficiencies in health and disease, with a special emphasis on the pervasive herbicide, glyphosate, and the mineral, sulfur. Since 2008, she has authored

over three dozen peer-reviewed journal papers on these topics. Her book on glyphosate, *Toxic Legacy: How the Weedkiller Glyphosate Is Destroying Our Health and the Environment*, was released by Chelsea Green Publishing in July, 2021. She has recently become fascinated with the role of deuterium (heavy hydrogen) in health and disease, and the potential benefits of deuterium-depleted water for healing.

Help us reach more people!

Hilda Labrada Gore will be recording testimonials for WAPF's use about your experience with following our dietary principles or your experience here at the conference. *See the posted signs or check in at the WAPF booth to learn the location and time where we will be recording.*

SPEAKERS



Laura Villanti, FNTF, CGP, ART

Saturday 9:00-10:15 AM, Starlight I

Let Food Be Thy Medicine

The world of food and nutrition is complex, as is the world of chronic health issues. The ability to find where these two merge is the epicenter for where the body can begin its most efficient and easiest path to healing. Through many years of clinical experience with nutritional therapy, including supporting the rebalancing of clients' microbiome and through advanced assessment of the autonomic nervous system, Laura will detail how to "let food be thy medicine" and support the body when dealing with today's most prevalent clinical deficiencies, toxins, imbalances and co-infections.

Laura has been teaching, sharing and inspiring others with food as medicine for over 20 years. She founded her practice, At Home With Wellness in 2011 to help individuals find their optimal health with tools that they can employ from their home—whether in the kitchen, garden or otherwise—in addition to helping individuals feel at home (meaning comfortable and confident with their path to healing). Laura is a functional nutritional therapy practitioner (FNTF), certified GAPS practitioner, ART allergy release technique practitioner, bio-individual nutrition practitioner, autonomic response testing-

foundation certified practitioner, advanced Reiki practitioner and certified healing food specialist. She also enjoys inspiring and sharing with those in her community as a WAPF chapter co-leader for Rochester, NY.

When not supporting clients, Laura can be found cooking, gardening, teaching others how to garden, entertaining with a big feast, working with the intricacies of einkorn sourdough, fermenting all sorts of foods, taking in advanced education around the country, walking, practicing yoga and savoring time in nature. athomewithwellness.com



Timothy Weeks, DC

Friday 1:30-2:45 PM, Starlight II

Healing Through the Power of Nature Part I: Earth and Air

The human body is much like an idling engine. Just like an engine, it needs fuel, oxygen and a spark to function. All health problems are accompanied by a decrease of nutrition (EARTH) and oxygen (AIR) at the cells/organs of dysfunction. As this happens, the body goes into fight or flight and eventually fatigue. Dr. Weeks will go over simple tests to know when your body is stressed and your nutrition and oxygen are falling, along with strategies to reset and reprogram the body back to homeostasis.

Friday 3:30-4:45 PM, Starlight II

Part II: Fire and Water

As the body goes deeper into stress, the electrical energy and nervous system of the body (FIRE) goes down. As this occurs, the body becomes compressed and twisted through the fascia while the nervous system short-circuits. The final stage of stress is toxemia, where the lymph (WATER) and intracellular water diminishes and the fluids of the body quit moving. In this second part, Weeks will explain this process of stress, how it happens and powerful strategies to build back up the elements of the body so it can heal quickly and without drugs.

Dr. Timothy Weeks owns a practice in Medina, Ohio, called Whole Body Health and has been in practice since 2004. He holds a BS in human biology and a doctorate in chiropractic from Logan University. He is board certified and licensed in the state of Ohio.

Dr. Tim is a sixth-generation physician; his family has been practicing medicine uninterrupted since before the Civil War.

From this extensive family tradition, he has learned many time-tested health techniques for healing. He has also received thousands of hours of training in applied kinesiology and nutrition. He prides himself in working with difficult cases and finding solutions in multidisciplinary actions and has personally given over 400,000 treatments in his career. In 2018, he published the book *Whole Body Health* and has since traveled the world extensively, speaking, holding retreats and consulting.

SPEAKERS



Louisa Williams, MS, DC, ND

Friday 3:30-4:45 PM, Starlight I

My Inner Critic Loves Aluminum! The Everyday Hidden Psychological Consequences of Vaccine Adjuvants

Mercury amalgam fillings have been clearly linked with depression, pesticides have been shown to induce anxiety and pathogenic bacteria have been so conclusively correlated with OCD (obsessive-compulsive disorder) that it has spawned yet more acronyms (PANDAS or PANS). In my clinical experience, the injection of aluminum at birth through the hepatitis B vaccine, or from two months to six years through DPT shots, or later from the Gardasil HPV vaccine, is by far the most injurious assault to our psychological well-being.

The mental and emotional disequilibrium initially induced from this neurotoxic aluminum adjuvant readily fuels our inner critic, or “monkey mind.” Over time, this self-sabotaging inner voice subtly destroys our peace of mind, resulting in various disorders including intermittent anxiety and depression, chronically disturbing negative thoughts or simply an ongoing sense of disquiet. A Wise Traditions diet, constitutional homeopathy, nutritional and herbal supplements and quality psychological work can reduce the effects of this unsettling and destructive chatter and help us achieve the inner sense of calm and quietude that characterizes optimal health.

Friday 7:30–9:30 PM, Starlight II

Ask the Practitioner Panel

We are excited to offer a panel of highly qualified practitioners. The panel includes Brandon LaGreca, LAc, MAcOM; Louisa Williams, MS, DC, ND; Anke Zimmermann, BSc, FCAH; David Brownstein, MD; and Larry Palevsky, MD with moderator Sally Fallon Morell. Each practitioner will briefly describe his/her treatment philosophy. Next, the moderator will read questions from the audience regarding treatments for various illnesses as well as how food is incorporated into treatments. Questions should be of a general nature; this is not a place for individual medical advice or your personal medical history. Paper will be provided for questions.

Louisa Williams is the author of the book, *Radical Medicine*. The word “radical” means “going to the root or origin, and pertaining to that which is fundamental and thorough.” Dr. Williams practices according to this “radical medicine” philosophy by addressing such core issues as heavy metal and petrochemical detoxification (such as mercury amalgam fillings and toxic cosmetics); clearing dental, tonsil, sinus and other focal infections; treating scar interference fields; identifying significant malocclusions (“bad bites”); uncovering major hidden food sensitivities; and counseling patients on the importance of a nutrient-dense Wise Traditions diet.

She further specializes in constitutional homeopathy accord-

ing to the new Sensation System developed in India, and in structural realignment through craniosacral therapy and manual manipulation. Williams co-developed Neural Kinesiology with Dr. Dietrich Klinghardt (now ART) over 20 years ago, and later originated her current energetic testing method, Matrix Reflex Testing (MRT), which measures the most highly sensitive indicator of function (or dysfunction) in the body—the state of the fascial-matrix connective tissue. This important “internal ocean” within us acts as a major diagnostic barometer in ascertaining patients’ significant “obstacles to cure,” which can then help determine the most appropriate and effective treatments. louisawilliamsnd.com.

Please share photos and updates on social media using the hashtags:

**#wisetraditions2021 #wisetraditions #wapf #westonaprice
#justeatrealfood #ancestraldiet #health #healthy#nourish**

SPEAKERS



Will Winter, DVM

Sunday 9:00-10:15 AM, Moonlight

Eating Grass-fed Meat—Save the Planet and Enjoy Doing It! Exploding Erroneous Myths About the Nature of Truly Sustainable Farming

WAPF leaders and teachers spend a lot of time unraveling prevailing medical myths about food taboos, food pyramids and other erroneous thinking about what we should be eating. These days, we are inundated with dubious data from random sources warning us that if we are to save the planet, the climate and even the family farm, we must turn away from eating meat and learn to enjoy manufactured fake meat on our way to becoming grain-eating vegans. In fact, few things could be further from the truth, both nutritionally as well as environ-

mentally. “Grass is the forgiveness of Nature—her constant benediction” wrote Kansas Senator John J. Ingalls back in 1872. We need grass, and grass needs ruminants. This is what our modern world needs to know. It’s all about biodiverse grassland ecology, protecting our water and building carbon-sequestering rich soil. These are also humane alternatives to factory farming. Agriculture is the #1 cause of environmental destruction, but it doesn’t have to be—it can be the opposite. All we need to do is learn from Mother Nature and merely mimic her wisdom. Now we can feel good about supporting, raising and eating delicious grass-fed beef, bison, goats and sheep, as well as forest pigs and fully pastured poultry. Here’s how to save the planet and enjoy doing it!

Monday 7 AM-6 PM, Meet in Lobby

14th Annual GUIDED FARM VISIT

Why a guided farm visit?

When evaluating a farm, it is important to know what to look for, what to ask and what really matters. This professionally guided farm visit enables informed eaters and food activists to learn these things. Farmers and ranchers accompany us as well! We all enjoy the opportunity to have rich connections as well as the chance to learn from and appreciate more the successful farmers and others who devote their lives to producing nutrient-dense food.

With our returning professional guide, Will Winter, and a second guide Steve Campbell, we will travel by bus north of Allen to visit the following farms and have lunch:

Circle N Dairy – Gainesville; circlendairy.com

Our #1 goal is to keep our cows in the best condition possible so they will provide you with the best tasting raw milk. We are a third-generation family dairy started in 1967 where we strive to do our best from milking the cows twice a day to raising the crops to feed them. We invite you to come out to our dairy for a tour and see for yourself our happy and productive herd.

Narrow Way Farm – Ivanhoe; nwfarms.com

A family farm that produces GMO-free pastured chicken, turkey, pork and eggs. This stress-free environment results in the healthiest and most nutritious animal you can find.

Farm-to-Table Lunch – Lettuce Indulge: Farm to Fork Kitchen – Denison; lettuce-indulge.com

Prairie Farmstead – Sherman; prairiefarmstead.eatfromfarms.com

Our goal is to provide the cleanest, most nutrient-dense food we can for our family and our community. We utilize regenerative farming methods to heal the land we steward and improve the soil health below our feet. We produce pasture-raised eggs, grass-finished beef and this year added pasture and forest-raised pork. This is done with methods that are environmentally sustainable, truly humane and naturally healthy.

Will Winter received a DVM degree from Kansas State University in 1975, an undergraduate degree in animal husbandry and conducted postgraduate studies and research in veterinary toxicology for the College of Veterinary Medicine’s Veterinary Diagnostic Laboratory and Animal Resource Facility. After graduating, he specialized in surgical referrals and emergency

medicine. In 1980, he created the Uptown Veterinarian-A Holistic Practice, one of the largest and most successful holistic veterinary practices in the U.S. In 1983, he co-founded the American Holistic Veterinary Medical Association. He is the author of *The Holistic Veterinary Handbook* and founded Rescue Animal Products.

SPEAKERS



Anke Zimmermann, BSc, FCAH

Friday 7:30–9:30 PM, Starlight II

Ask the Practitioner Panel

We are excited to offer a panel of highly qualified practitioners. The panel includes Brandon La-Greca, LAc, MAcOM; Louisa Williams, MS, DC, ND; Anke Zimmermann, BSc, FCAH; David Brownstein, MD; and Larry Palevsky, MD with moderator Sally Fallon Morell. Each practitioner will briefly describe his/her treatment philosophy. Next, the moderator will read questions from the audience regarding treatments for various illnesses as well as how food is incorporated into treatments. Questions should be of a general nature; this is not a place for individual medical advice or your personal medical history. Paper will be provided for questions.

Saturday 10:45-12:00, Starlight I

Homeopathy for Developmental Disorders

As many as 18% of American children are diagnosed with a developmental disorder, including 2.5% with autism. These conditions are placing enormous strains on families, the education system and society at large. Homeopathy has the potential to both identify and address the many contributing factors to these conditions, from inherited tendencies to environmental stressors, including exposure to prenatal ultrasounds, birth interventions, vaccines, medications and environmental toxins. This presentation will be illustrated with many inspiring case examples from Zimmermann's practice.

Sunday 9:00-10:15 AM, Starlight II

Homeopathy for the Family

Homeopathy has an incredibly wide range of applications for families. From assistance with pregnancy and childbirth to treating babies and children for common acute and chronic ailments, and from assistance with emotional stress and even addiction concerns in adults to a little help for the family pet and garden, homeopathy has something to offer everyone. Expect an informative and entertaining tour through the fascinating world of homeopathy.

Anke Zimmermann is a professional homeopath with a special interest in children with developmental and behavioral

challenges. She has been in practice for 29 years and works and lives in beautiful Sooke on Vancouver Island.

\$10 off membership for conference attendees!

Join our growing membership
and support our many projects!

\$30 ~~\$40~~ annual U.S. membership
(**\$40 ~~\$50~~ outside U.S.**)

FRIDAY, NOVEMBER 5

7:00 AM–6:00 PM **Conference Registration** – (Porch)

Starlight I

Starlight II

Moonlight

Sunset

6:30 AM

6:30–7:30 Movement Session
Structural Elements (Sunrise)

7:00
AM

7:15–8:45 AM
Farm-to-Consumer Legal Defense Fund
FundRAISER Breakfast – Menu page 40 (Terrell IV)

8:00 AM

9:00
AM

9:00–10:15 **Weaponization of Coronavirus: When Nature is Conscripted to Harm**
David Martin

9:00–10:15 **The Perils of Fifth Generation (5G) Wireless: Health, Environment, Politics, and Personal Solutions, Part 1**
Beverly Rubik

9:00–10:15 **Gut and Physiology Syndrome, Part 1 Live feed from the UK**
Natasha Campell-McBride

10:00
AM

10:15–10:45 **Visit Exhibits** (The Corral and The Porch, Terrell Hall I & II)

11:00
AM

10:45–12:00 **A Novel Approach to COVID-19 Using Nutritional and Oxidative Therapies** David Brownstein

10:45–12:00 **The Perils of Fifth Generation (5G) Wireless: Health, Environment, Politics, and Personal Solutions, Part 2**
Beverly Rubik

10:45–12:00 **Financial Viability of Organics**
Bob Quinn

10:45–12:00 **Gut and Physiology Syndrome, Part 2 Live feed from the UK**
Natasha Campell-McBride

12:00
Noon

12:00–1:30 **Lunch** Menu page 38 (Terrell IV)

1:00
PM

1:30–2:45 **Vaccine Freedom, Legislative Updates and How to Talk About Vaccine**
Kendall Nelson

1:30–2:45 **Healing Through the Power of Nature, Part 1 Earth, Air**
Timothy Weeks

1:30–2:45 **Now More Than Ever: Broths and Stocks**
Monica Corrado

2:00
PM

2:45–3:30 **Visit Exhibits** (The Corral and The Porch, Terrell Hall I & II)

3:00
PM

3:30–4:45 **My Inner Critic Loves Aluminum**
Louisa Williams

3:30–4:45 **Healing Through the Power of Nature, Part 2 Water, Fire**
Timothy Weeks

3:30–4:45 **Meet Nutrient Needs With Organ Meats**
Janine Farzin

4:00
PM

5:00
PM

4:45–6:00 **Visit Exhibits**
(The Corral and The Porch, Terrell Hall I & II)

6:00
PM

6:00–7:30
Buffet Dinner Menu page 38 (Terrell IV)
VIP Dinner (Starlight III)

7:00
PM

7:30–9:30
The Plan to Destroy our Health Freedom and What We Can Do About It
Leslie Manookian

7:30–9:30
Ask the Practitioners
Sally Fallon Morell, Brandon LaGreca, Louisa Williams, Anke Zimmermann, David Brownstein, Larry Palevsky

7:30–9:30
Film: Terrain (Free to the public)
Followed by Q&A with the producers Marcelina Cravat and Dr. Andrew Kaufman

8:00
PM

9:00
PM

Legend: B=Basic; SP=Sponsor Presentation

SATURDAY, NOVEMBER 6

7:00 AM–6:00 PM **Conference Registration** – (Porch)

	Starlight I	Starlight II	Moonlight	Sunset
6:30 AM	7:15–8:45 AM Farm-to-Consumer Legal Defense Fund FundRAISER Breakfast – Menu page 40 (Terrell IV)		6:30–7:30 Movement Session Structural Elements (Sunrise)	
7:00 AM			7:30–8:15 SP EMF Solutions for the 21st Century Pollution Marcus Plourde	7:30–8:15 SP Applying the Principles of Resonance Mandara Cromwell
8:00 AM				
9:00 AM	9:00–10:15 B Let Food Be Thy Medicine Laura Villanti	9:00–10:15 Where Are We Headed and What Can We Do About It? Mary Holland	9:00–10:15 B Nourishing Traditional Diets, Part 1 Sally Fallon Morell	9:00–10:15 Studies on Kamut Bob Quinn
10:00 AM	10:15–10:45 Visit Exhibits (The Corral and The Porch, Terrell Hall I & II)			
11:00 AM	10:45–12:00 Homeopathy for Developmental Disorders Anke Zimmermann	10:45–12:00 Glyphosate, Deuterium and Covid-19, Part 1 Stephanie Seneff	10:45–12:00 B Nourishing Traditional Diets, Part 2 Sally Fallon Morell	10:45–12:00 B Vegetarianism Explained Live feed from the UK Natasha Campbell-McBride
12:00 Noon	12:00–1:30 Lunch Menu page 39 (Terrell IV) Visit Exhibits (The Corral and The Porch, Terrell Hall I & II)			
1:00 PM	1:30–2:45 The Dangers of Traditional (Mainstream) Dentistry: Mouthful of Evidence Griffin Cole	1:30–2:45 Will the new COVID-19 injections cause an epidemic in neurodegenerative and autoimmune diseases? Part 2 Stephanie Seneff	1:30–2:45 B Nourishing Traditional Diets, Part 3 Sally Fallon Morell	1:30–2:45 The 4th Phase of Water, Part 1 Gerald Pollack
2:00 PM	2:45–3:15 Visit Exhibits (The Corral and The Porch, Terrell Hall I & II)			
3:00 PM	3:15–4:30 Reframing the Medical Paradigm Larry Palevsky	3:15–4:30 Omega 6 Apoca- lypse: Are Vegetable Oils the Unifying Mechanism for West- ernized Diseases Chris Knobbe	3:15–4:30 B Nourishing Traditional Diets, Part 4 Sally Fallon Morell	3:15–4:30 The 4th Phase of Water, Part 2 Gerald Pollack
4:00 PM	4:30–5:30 Visit Exhibits (The Corral and The Porch, Terrell Hall I & II)			
5:00 PM	6:30–9:30 AWARDS BANQUET WITH KEYNOTE Banquet Keynote: Public Health and Doctor Fauci Robert F. Kennedy, Jr. Menu page 39 (Starlight Ballroom)			
6:00 PM	6:30–9:30 AWARDS BANQUET WITH KEYNOTE Banquet Keynote: Public Health and Doctor Fauci Robert F. Kennedy, Jr. Menu page 39 (Starlight Ballroom)			
7:00 PM	6:30–9:30 AWARDS BANQUET WITH KEYNOTE Banquet Keynote: Public Health and Doctor Fauci Robert F. Kennedy, Jr. Menu page 39 (Starlight Ballroom)			
8:00 PM	6:30–9:30 AWARDS BANQUET WITH KEYNOTE Banquet Keynote: Public Health and Doctor Fauci Robert F. Kennedy, Jr. Menu page 39 (Starlight Ballroom)			
9:00 PM	6:30–9:30 AWARDS BANQUET WITH KEYNOTE Banquet Keynote: Public Health and Doctor Fauci Robert F. Kennedy, Jr. Menu page 39 (Starlight Ballroom)			
	Legend: B=Basic; SP=Sponsor Presentation			

SUNDAY, NOVEMBER 7

7:00 AM–6:00 PM **Conference Registration** – (Porch)

	Starlight I	Starlight II	Moonlight	Sunset
6:30 AM	6:30–7:30 Movement Session Structural Elements (Sunrise)			
7:00 AM	7:15–8:45 AM Farm-to-Consumer Legal Defense Fund FundRAISER Breakfast – Menu page 40 (Terrell IV)		7:30–8:15 SP Scalar Energy for Wise Traditions Jerry Tennant	
8:00 AM				
9:00 AM	9:00–10:15 The Contagion Myth Sally Fallon Morell	9:00–10:15 Homeopathy for the Family Anke Zimmermann	9:00–10:15 B Eating Grass-fed Meat— Save the Planet and Enjoy Doing it! Will Winter	9:00–10:15 Cosmic Ether and Cosmic Life-Energy James DeMeo
10:00 AM	10:15–10:45 Visit Exhibits (The Corral and The Porch, Terrell Hall I & II)			
11:00 AM	10:45–12:00 Pathogenic Priming, Genome Sequencing Andrew Kaufmann	10:45–12:00 B Bringing Up Baby Sally Fallon Morell	10:45–12:00 B Chronic Illness: Building Your Own Treatment Plan Brandon LaGreca	10:45–12:00 B Say Cheese! Unwrapping the Truth About Cheese Babs Hogan
12:00 Noon	12:00–1:30 Lunch Menu page 40 (Terrell IV) Visit Exhibits (The Corral and The Porch, Terrell Hall I & II)			
1:00 PM	1:30–2:45 Balancing the Fat-Soluble Vitamins Chris Masterjohn	1:30–2:45 Building Biology Diana Jabour	1:30–2:45 B Xingu John Carter	1:30–2:45 Devil in the Garlic Greg Nigh
2:00 PM				
3:00 PM	3:00–4:00 (Starlight Ballroom) CLOSING CEREMONY Closing remarks by Sally Fallon Morell and talk by Del Bigtree: A Colossal Blunder			

Legend:

B = Basic = Especially recommended for beginners

SP = Sponsor Presentation = Exhibitor talk

PRACTICE SAFE CELL PHONE USE

Please keep your cell phone on airplane mode while attending the conference, or leave it in your room.